

DIRECTIONS

CELLS FOR LIFE at TORONTO GENERAL HOSPITAL (TGH)/ CFL's laboratory

By Public Transportation

If you're taking the TTC subway system from any direction, get off at the Queen's Park subway station stop. Exit the subway via University Avenue South and walk to Toronto General Hospital (Robert McEwen entrance) located at 585 University Avenue. Enter the doors near the Starbucks and proceed straight ahead and slightly left to the elevators. We are located in the Basement of the West Wing Elevators. Exit the elevators and proceed to the first turn. Turn right and Cells for Life is immediately on your right. Press the buzzer and we will answer the door. If you are lost in the basement, follow the signs to CORE CRYOLAB. INC. or CELLS FOR LIFE. Press the buzzer and we will answer the door.

From the East (Kingston/Ottawa)

Take 401 West to Don Valley Parkway South.

- Take the Don Valley Parkway South to Gardiner Expressway West.
- Once on Gardiner Expressway, take the Yonge/York/Bay exit.
- Stay in the right hand lane and take the York/Bay ramp.
- As you proceed around the ramp, stay to the left and take the York Street ramp.
- Go straight on York Street and turn left onto University Avenue. End at 585 University Ave. --- Toronto General Hospital. Park, enter the hospital and locate the West Wing Elevators. We are located in the Basement.

From the North (Barrie/Orillia)

Take Highway 400 South to Highway 401 West

- Highway 401 West to Highway 427 South, then Highway 427 South to Gardiner Expressway East into Toronto.
- Take the Yonge/York/Bay Street exit.
- Stay in the right hand lane and take the York/Bay ramp.
- As you proceed around the ramp, stay to the left and take the York Street ramp.
- Go straight on York Street and turn left onto University Avenue. Proceed north to Toronto General Hospital (at College Street). Park and enter the Toronto General Hospital. Locate the West Wing Elevators and go to the basement. Take your first right; we are the corner unit. Press the buzzer and we will answer the door.

From the West (London/Windsor)

Take Highway 401 East to Highway 427 South to Gardiner Expressway East into Toronto.

- Take the Yonge/York/Bay Street exit.
- Stay in the right hand lane and take the York/Bay ramp.
- As you proceed around the ramp, stay to the left and take the York Street ramp.
- Go straight on York Street and turn left onto University Avenue. Proceed north to Toronto General Hospital (at College Street). Park and enter TGH. Locate the West Wing Elevators and go to the basement. Take your first right; we are the corner unit. Press the buzzer and we will answer the door.

From Lester B. Pearson International Airport (30 – 35 minutes (no traffic))

Take Highway 427 South to the Gardiner Expressway East to Toronto.

- Take the Yonge/York/Bay Street exit.
- Stay in the right hand lane and take the York/Bay ramp.
- As you proceed around the ramp, stay to the left and take the York Street ramp.
- Go straight on York Street and turn left onto University Avenue and travel north to Toronto General Hospital (at College Street). Park and enter the Toronto General Hospital. Locate the West Wing Elevators and go to the basement. Take your first right; we are the corner unit. Press the buzzer and we will answer the door.

➤ By Rail

VIA Rail, GO, and AMTRAK bring visitors into the heart of the city each day. Toronto's Union Station is located centrally downtown and connects to the underground subway. Once on the subway, get off at the Queen's Park subway station stop. Exit the subway via University Avenue South and walk to Toronto General Hospital (Robert McEwen entrance by Starbucks) located at 585 University Avenue--- Toronto General Hospital. We are located in the Basement of the West Wing Elevators. Exit the elevators. Take your first right; we are the corner unit. Press the buzzer and we will answer the door.

DRIVING DIRECTIONS

CELLS FOR LIFE at MARKHAM STOUFFVILLE HEALTH CENTRE

**CORD BLOOD SHOULD BE DELIVERED TO THE
TORONTO GENERAL HOSPITAL LABORATORY, Rm BC8131**

**However, for our clients' convenience, we will receive cord blood at our
Markham Office Monday – Friday 8:00 am – 4:30 pm only**

ADDRESS:

Markham Stouffville Health Centre, 377 Church Street, Suite 201, Markham, ON L6B 1A1
Phone: 905 472 0060 Toll-free: 1 877 235 1997 Fax: 905 472 2185
Website: www.cellsforlife.com Email: General Information: info@cellsforlife.com

GENERAL LOCATION:

We are located in Markham --- one traffic light north of Hwy 7 and two traffic lights north of Hwy 407 and the Ninth Line Exit from the 407. This is East of Markham Road (Hwy 48). We are located in the 4 storey medical centre attached to the Markham Stouffville Hospital. You may follow the blue road signs denoting the large "H" for Hospital.

FROM THE NORTH (Barrie)

- Take Highway 400 South to Highway 407 East. Follow directions for 'From the WEST' below.

FROM THE EAST:

- Travel West on Hwy 407 to the exit at Ninth Line (Exit #94)
- Turn north on Ninth Line. (Follow the Blue 'H' sign)
- Proceed north past the lights at Highway 7 to the next set of lights (Church Street).
- Turn right on Church Street. You will see the Markham Stouffville Hospital on your right.
- Turn right at the stop sign and park in the hospital parking lot.
- Cells for Life is located on the second floor (Suite 201) in the four-storey medical health centre located across the street from the parking lot.

FROM THE WEST:

- Travel East on Hwy 407 to the exit at Ninth Line (exit #94)
- Turn left/ north on Ninth Line.
- Proceed north past the lights at Highway 7 to the next set of lights (Church Street).
- Turn right on Church Street. You will see the Markham Stouffville Hospital on your right.
- Turn right at the stop sign and park in the hospital parking lot.
- Cells for Life is located on the second floor (Suite 201) in the four-storey medical health centre located across the street from the parking lot.

FROM THE NORTH-EAST:

- Travel south on Markham Road/ Hwy 48 until you reach 16th Avenue in Markham.
- Turn East or left on 16th Avenue
- Proceed to Ninth Line
- Turn right/ south on Ninth Line
- Proceed to the lights at Church Street (follow the blue 'H' Hospital signs)
- Turn left at Church Street. You will see the Markham Stouffville Hospital on your right.
- Turn right at the stop sign and park in the hospital parking lot.
- Cells for Life is located on the second floor (Suite 201) in the four-storey medical health centre located across the street from the parking lot.